

GOLYTLEY INSTRUCTIONS

1. The day before your procedure you will be on a all cleared liquid diet(Broth, Soup, Popsicles, Gatorade, etc.) from the time you wake up till the time you take your last dose of the bowel prep.
PLEASE REFRAIN FROM ANYTHING THAT PURPLE, RED OR DIARY!
2. **1st dose** will be taken at **6PM** the night before your procedure. Drink 8oz every 15mins until half the container gone.
3. **2nd dose** will be taken at **10PM** and repeat Step 2.

PLEASE STOP DRINKING ANYTHING 3HRS PRIOR TO YOUR ARRIVAL TIME!!!

MEDICATIONS:

1. Please stop taking ASPRIN a week prior to procedure. Unless directed by physician otherwise.
2. Stop all blood thinners a week prior to procedure unless directed by physician otherwise.
3. All supplements including Fish oil, Iron, Multi-Vitamin, etc. 4 days prior to procedure
4. If taking Diabetic medication DO NOT take the morning of the procedure/ If taking insulin please take ½ of normal dosage the morning of the procedure.
5. Please take Blood pressure, Thyroid, and/or Seizure medication the morning of the procedure with a few sips of water.
6. If taking any heart medications will need cardiac clearance before procedure date.

Bring the following items:

1. Picture ID/Military ID
2. List of Current medications
3. Driver (due to anesthesia)
4. Insurance Card

PLEASE ALLOW YOURSELF TO BE AT THE FACILITY 4-6 HOURS